CONETO Family Life Center
157 Vine Lane
Tarboro, N.C. 27886
Telephone: 252-563-5411
Established in 2017, the Conetoe Family Life Center’s mission is to improve the health of the youth and community by increasing access to healthy foods, increasing physical activities, and providing access to health services. The community garden and bee operation allows the youth to be involved in community-supported agriculture by learning to grow and harvest vegetables and honey. Sales proceeds from the vegetables and honey are invested in the farm, youth health programs, and after-school education.

ECU School of Dental Medicine Community Service Learning Center – Ahoskie
100 Health Center Drive
Ahoskie, N.C. 27910
Telephone: 252-332-1904
The ECU School of Dental Medicine Community Service Learning Center in Ahoskie is one of eight community centers in rural North Carolina committed to providing dental services to disadvantaged communities. The center’s mission is to improve the health and quality of life of all North Carolinians by creating leaders with a passion to care for the underserved and by leading the nation in community-based practice, service-learning and health education. The Ahoskie center offers comprehensive general dental services in a safe, caring, and professional setting to all patients.

Roanoke Chowan Community Health Center
120 Health Center Drive
Ahoskie, N.C. 27910
Telephone: 252-332-3548
Roanoke Chowan Community Health Center (RCCHC) in Ahoskie is one of four locations serving the Roanoke-Chowan community. The mission at RCCHC is to provide comprehensive health care that reduces health disparities for the people of the Roanoke-Chowan area. It is one of 30 Federally Qualified Health Centers (FQHCs) in North Carolina representing 150 clinical sites. RCCHC offers complete preventive and primary health care for the entire family. They serve patients in Ahoskie, Colerain, Creswell and Murfreesboro, and administer a student wellness center at Hertford County Middle School.
ECU OUTER BANKS CAMPUS
850 N.C. Highway 345
Wanchese, N.C. 27981
Telephone: 252-475-5400

ECU’s Outer Banks Campus is located along the second largest estuary in the United States, an iconic barrier island chain and an energetic and productive coastal ocean. The coastal campus spans 213 acres of marshes, scrub wetlands, forested wetlands, and estuarine ecosystems. The campus is home to ECU’s Integrated Coastal Programs academic unit and the multi-institutional Coastal Studies Institute. Led by ECU, in partnership with NC State and UNC-Chapel Hill, the institute focuses on research and education programming that responds to the needs, issues, and topics of concern of eastern North Carolina residents.

LAKE MATTAMUSKEET NATIONAL WILDLIFE REFUGE
86 Mattamuskeet Road
Swan Quarter, N.C. 27885
Telephone: 252-926-4021

Established in 1934, the Lake Mattamuskeet National Wildlife Refuge consists of open water, marsh, and forest land on more than 50,000 acres in eastern North Carolina. The refuge is home to Lake Mattamuskeet, the state’s largest natural lake at more than 40,000 acres. Lake Mattamuskeet National Wildlife Refuge annually attracts more than 200,000 ducks, geese, and swans, making it an important stopover for wintering waterfowl.

UNION POINT PARK
210 E. Front Street
New Bern, N.C. 28560

Union Point Park is a six-acre site surrounded by water where the Neuse and Trent Rivers meet. The park features a fishing pier, two public boat launches, playground facilities, restrooms, and a popular waterfront boardwalk that extends to neighboring Bicentennial Park. The park is open to the public year-round and is one of the most scenic spots to enjoy in downtown New Bern.
LODGING & DINING

**Café 45**
105 S. Main Street  
Colerain, N.C. 27924  
Telephone: 252-356-1186
Café 45, opened in May 2016, is a locally owned and operated country café located in rural Bertie County that features a made-to-order breakfast, lunch, and dinner menu. The café’s lunch menu features traditional fare including burgers, hot dogs, sub sandwiches, chicken or fish sandwiches, shrimp, salads, and quesadillas.

**MAKO’S BEACH GRILLE & BAR**
1630 N. Croatan Highway  
Kill Devil Hills, NC 27948  
Telephone: 252-480-1919
Mako’s Beach Grille + Bar — owned by ECU alumnus and former trustee Mike Kelly — a favorite restaurant of Outer Banks visitors and locals. The restaurant offers a family friendly atmosphere and memorable dining experience. Mako’s menu features fresh Outer Banks seafood, Angus beef, authentic jerk chicken, golden fried oysters, appetizers, salads, pasta dishes, homemade desserts, gluten-free items, and pizzas made in the restaurant’s authentic Italian wood-burning stove.

**HILTON GARDEN INN OUTER BANKS/KITTY HAWK**
5353 N. Virginia Dare Trail  
Kitty Hawk, NC 27949  
Telephone: 252-261-1290  
Fax: 252-255-0153
The Hilton Garden Inn Outer Banks/Kitty Hawk is the premier Outer Banks hotel. The hotel is located in close proximity to the Kitty Hawk fishing pier and each room features a private balcony with views of the region’s unique scenery. The hotel also features a complimentary 24-hour business center, a fully-equipped fitness room, and an indoor pool. Complimentary WiFi is provided for guests.