ADDRESSES & CONTACTS

TOUR STOPS

CONETOE FAMILY LIFE CENTER

157 Vine Lane Tarboro, N.C. 27886 Telephone: 252-563-5411

Established in 2017, the Conetoe Family Life Center's mission is to improve the health of the youth and community by increasing access to healthy foods, increasing physical activities, and providing access to health services. The community garden and bee operation allows the youth to be involved in community-supported agriculture by learning to grow and harvest vegetables and honey. Sales proceeds from the vegetables and honey are invested in the farm, youth health programs, and after-school education.

ECU SCHOOL OF DENTAL MEDICINE COMMUNITY SERVICE LEARNING CENTER - AHOSKIE

100 Health Center Drive Ahoskie, N.C. 27910 Telephone: 252-332-1904

The ECU School of Dental Medicine Community Service Learning Center in Ahoskie is one of eight community centers in rural North Carolina committed to providing dental services to disadvantaged communities. The center's mission is to improve the health and quality of life of all North Carolinians by creating leaders with a passion to care for the underserved and by leading the nation in community-based practice, service-learning and health education. The Ahoskie center offers comprehensive general dental services in a safe, caring, and professional setting to all patients.

ROANOKE CHOWAN COMMUNITY HEALTH CENTER

120 Health Center Drive Ahoskie, N.C. 27910 Telephone: 252-332-3548

Roanoke Chowan Community Health Center (RCCHC) in Ahoskie is one of four locations serving the Roanoke-Chowan community. The mission at RCCHC is to provide comprehensive health care that reduces health disparities for the people of the Roanoke-Chowan area. It is one of 30 Federally Qualified Health Centers (FQHCs) in North Carolina representing 150 clinical sites. RCCHC offers complete preventive and primary health care for the entire family. They serve patients in Ahoskie, Colerain, Creswell and Murfreesboro, and administer a student wellness center at Hertford County Middle School.

WJP FARM

753 Perrytown Road

Colerain, N.C. 27924

Telephone: 252-356-2056

Perry Brothers Farm is owned and operated by Billy Perry. In 2015, Perry signed a contract with Perdue to start raising chickens on land that has been in the Perry family for generations. The farm produces 100,000 chickens over a 7-week time period four to five times per year. The farm is in the early phases of expanding with four new houses planned. These new houses will bring the total yearly production to nearly 1 million chickens.

ECU OUTER BANKS CAMPUS

850 N.C. Highway 345 Wanchese, N.C. 27981 Telephone: 252-475-5400

ECU's Outer Banks Campus is located along the second largest estuary in the United States, an iconic barrier island chain and an energetic and productive coastal ocean. The coastal campus spans 213 acres of marshes, scrub wetlands, forested wetlands, and estuarine ecosystems. The campus is home to ECU's Integrated Coastal Programs academic unit and the multi-institutional Coastal Studies Institute. Led by ECU, in partnership with NC State and UNC-Chapel Hill, the institute focuses on research and education programming that responds to the needs, issues, and topics of concern of eastern North Carolina residents.

LAKE MATTAMUSKEET NATIONAL WILDLIFE REFUGE

86 Mattamuskeet Road Swan Quarter, N.C. 27885 Telephone: 252-926-4021

Established in 1934, the Lake Mattamuskeet National Wildlife Refuge consists of open water, marsh, and forest land on more than 50,000 acres in eastern North Carolina. The refuge is home to Lake Mattamuskeet, the state's largest natural lake at more than 40,000 acres. Lake Mattamuskeet National Wildlife Refuge annually attracts more than 200,000 ducks, geese, and swans, making it an important stopover for wintering waterfowl.

UNION POINT PARK

210 E. Front Street

New Bern, N.C. 28560

Union Point Park is a six-acre site surrounded by water where the Neuse and Trent Rivers meet. The park features a fishing pier, two public boat launches, playground facilities, restrooms, and a popular waterfront boardwalk that extends to neighboring Bicentennial Park. The park is open to the public year-round and is one of the most scenic spots to enjoy in downtown New Bern.

MARINE CORPS AIR STATION CHERRY POINT

Havelock, N.C. 28533

Built in 1941 and commissioned in 1942, Marine Corps Air Station Cherry Point is home to the 2nd Marine Aircraft Wing. MCAS Cherry Point and its associated support locations occupy approximately 29,000 acres. At the heart of the station is its massive four-point runway system, which is designed to provide multiple approach and departure advantages. More than 53,000 people make up the total Cherry Point-related population, including active duty and retired Marines, the civilian workforce, and their families.

LODGING & DINING

Café 45

105 S. Main Street Colerain, N.C. 27924 Telephone: 252-356-1186

Café 45, opened in May 2016, is a locally owned and operated country café located in rural Bertie County that features a made-to-order breakfast, lunch, and dinner menu. The café's lunch menu features traditional fare including burgers, hot dogs, sub sandwiches, chicken or fish sandwiches, shrimp, salads, and quesadillas.

MAKO'S BEACH GRILLE & BAR

1630 N. Croatan Highway Kill Devil Hills, NC 27948 Telephone: 252-480-1919

Mako's Beach Grille + Bar – owned by ECU alumnus and former trustee Mike Kelly – a favorite restaurant of Outer Banks visitors and locals. The restaurant offers a family friendly atmosphere and memorable dining experience. Mako's menu features fresh Outer Banks seafood, Angus beef, authentic jerk chicken, golden fried oysters, appetizers, salads, pasta dishes, homemade desserts, gluten-free items, and pizzas made in the restaurant's authentic Italian wood-burning stove.

HILTON GARDEN INN OUTER BANKS/KITTY HAWK

5353 N. Virginia Dare Trail Kitty Hawk, NC 27949 Telephone: 252-261-1290 Fax: 252-255-0153

The Hilton Garden Inn Outer Banks/Kitty Hawk is the premier Outer Banks hotel. The hotel is located in close proximity to the Kitty Hawk fishing pier and each room features a private balcony with views of the region's unique scenery. The hotel also features a complimentary 24-hour business center, a fully-equipped fitness room, and an indoor pool. Complimentary WiFi is provided for guests.