

ADDRESSES & CONTACTS

LODGING & DINNER

HILTON GARDEN INN OUTER BANKS/KITTY HAWK

5353 N. Virginia Dare Trail

Kitty Hawk, NC 27949

Telephone: 252-261-1290

Fax: 252-255-0153

The Hilton Garden Inn Outer Banks/Kitty Hawk is the premier Outer Banks hotel. The hotel is located in close proximity to the Kitty Hawk fishing pier and each room features a private balcony with views of the region's unique scenery. The hotel also features a complimentary 24-hour business center, a fully-equipped fitness room, and an indoor pool. Complimentary WiFi is also provided for guests.

MAKO MIKE'S BEACH GRILLE

1630 N. Croatan Highway

Kill Devil Hills, NC 27948

Telephone: 252-480-1919

Mako Mike's, a favorite restaurant of Outer Banks visitors and locals, offers a friendly family atmosphere and a memorable dining experience. Mako Mike's menu features fresh Outer Banks seafood, Angus beef, authentic jerk chicken, golden fried oysters, appetizers, salads, pasta dishes, homemade desserts, gluten-free items, and pizzas made in the restaurant's authentic Italian wood-burning oven.

TOUR STOPS

CHE FOOD HUB

**171 SE Railroad Street
Bethel, NC 27812**

The Coalition for Healthier Eating (CHE) Community Food Hub is a 501 (c)(3) nonprofit organization that works to connect local, sustainable growers with consumers. The mission of the CHE Community Food Hub is to provide consumers with foods that, in combination with other life changes, can lengthen their lives and enhance their quality of life. Using sustainably produced foods, consumers are taught healthy eating habits that may prevent and eliminate food-related chronic diseases. The hub also provides nutritional education on sustainably produced foods. Maxine White serves as the Executive Director of the Coalition for Healthier Eating and is the CEO of the CHE Community Food Hub. She brings to these positions more than 48 years of managerial experience gained through managing programs, services and personnel.

PRINCEVILLE TOWN HALL

**201 S Main Street
Princeville, NC 27886**

The Princeville Town Hall served as the main government center for Princeville, N.C., until flooding from Hurricane Matthew in 2016 damaged the building. The town hall is currently closed and condemned while state and city officials debate whether to move the building from its current location to a new 52-acre plot of land in an area less prone to flooding. Princeville, a town of about 2,100 located in Edgecombe County, is the oldest town to be incorporated by African Americans in the United States. Settled after the American Civil War in 1865, the town is named after Turner Prince, an African-American man who was responsible for building many of the homes in the community. Due to its proximity to the Tar River, flaws in the design of the levee that runs along the river, and other issues with mitigating storm waters, Princeville is prone to flooding. Three days after Hurricane Matthew made landfall, flaws in the dike caused the town to flood, once again covering Princeville with water. Eighty percent of the town was underwater after the dike break with estimated damages nearing \$21 million.

SYLVAN HEIGHTS BIRD PARK

**500 Sylvan Heights Park Way
Scotland Neck, NC 27874
Telephone: 252-826-3186**

In 1981, Sylvan Heights Bird Park founders Mike and Ali Lubbock moved to the United States from England, bringing with them an extensive waterfowl background. The pair founded Sylvan Heights Waterfowl in the North Carolina mountain town of Sylva, and began breeding rare birds from around the world. The Lubbocks moved their collection to Scotland Neck in 1989 and now care for a facility that houses more than 3,000 birds. Sylvan Heights Bird Park receives more than 55,000 visitors each year as it seeks to: advance conservation of waterfowl and wetlands; act as a local educational resource for avian biology and wetlands ecology; and serve as an international center for avicultural training and research.

TOUR STOPS

ROANOKE CASHIE RIVER CENTER

**112 W Water Street
Windsor, NC 27983**

The Cashie River is home to the Roanoke Cashie River Center in Windsor. The center, developed by the Partnership for the Sounds, provides hands-on exhibits, a boardwalk, cultural heritage walks, historical artifacts, an outdoor amphitheater, a wetlands restoration pond, classroom and educational programs, and community activities to educate visitors about the river. The center places a special emphasis on migratory songbirds and how important the forests are to their survival. The center offers free pontoon boat trips during spring and summer. The Roanoke Cashie River Center is one of four centers developed by the Partnership for the Sounds which share the history of North Carolina's rivers and wetlands in the region.

ELIZABETH CITY STATE UNIVERSITY

**1704 Weeksville Road
Elizabeth City, NC 27909**

Established in 1891 as the Elizabeth City State Colored Normal School, Elizabeth City State University has undergone name changes and academic growth to serve students in northeastern North Carolina over the past 126 years. Elizabeth City State University became a constituent of the University of North Carolina in 1972. The university is currently led by Chancellor Dr. Thomas Conway and offers 28 baccalaureate degree programs in 10 departments as well as four masters programs in Biology, Elementary Education, Mathematics, and School Administration. More than 20,000 students have had degrees conferred as of May 2017. Current ECSU research focuses on STEM education and training, technology, and math and computer sciences.

EASTERN AHEC - ELIZABETH CITY OFFICE

**1500 Hoffler Street
Elizabeth City, NC 27909
Telephone: 252-335-4399**

The Eastern Area Health Education Center offers nine centers throughout North Carolina that partner with university health science centers, community hospitals, and health agencies to attract, retain, and maintain high-quality health care professionals throughout North Carolina. Eastern AHEC serves 23 eastern North Carolina Counties, reaching as far north as Currituck County and as far south as Onslow County. The center strives to be the bridge between health care and education in eastern North Carolina by positively influencing health outcomes.

ELIZABETH CITY COMMUNITY SERVICE LEARNING CENTER

**1161 North Road Street
Elizabeth City, NC 27909
Telephone: 252-331-7225**

The ECU School of Dental Medicine Community Service Learning Center in Elizabeth City is one of eight community centers in rural North Carolina committed to providing dental services to disadvantaged communities. The center's mission is to improve the health and quality of life of all North Carolinians by creating leaders with a passion to care for the underserved and by leading the nation in community-based, service-learning oral health education. The Elizabeth City Community Service Learning Center offers comprehensive general dental services in a safe, caring, and professional setting to all patients.

TOUR STOPS

COASTAL STUDIES INSTITUTE

850 NC Highway 345

Wanchese, NC 27981

Telephone: 252-475-5400

Located along North Carolina's Outer Banks, the Coastal Studies Institute is dedicated to facilitating research that supports the region's unique ecosystems. In partnership with ECU, UNC-Chapel Hill, North Carolina State University, UNC-Wilmington, and Elizabeth City State University, the institute's mission is to undertake research, offer educational opportunities, provide community outreach programs, and enhance communication among those concerned with the unique history, culture, and environment of North Carolina's maritime counties. The campus spans 213 acres of marshes, scrub wetlands, forested wetlands, and sound ecosystems, and conducts research on an array of issues such as water quality, fisheries, renewable energy, maritime heritage, and coastal economies.

LAKE MATTAMUSKEET NATIONAL WILDLIFE REFUGE

85 Mattamuskeet Road

Swan Quarter, NC 27885

Telephone: 252-926-4021

Established in 1934, the Lake Mattamuskeet National Wildlife Refuge consists of open water, marsh, and forest land on more than 50,000 acres in eastern North Carolina. The refuge is home to Lake Mattamuskeet, the state's largest natural lake at more than 40,000 acres. Lake Mattamuskeet National Wildlife Refuge attracts more than 200,000 ducks, geese, and swans, making it an important stopover for wintering waterfowl.

KINSTON COMMUNITY COUNCIL FOR THE ARTS

400 N Queen Street

Kinston, NC 28501

Telephone: 252-527-2517

The Kinston Community Council for the Arts is a non-profit 501(c)(3) organization established more than 50 years ago. The council's mission is to unify community ties through exposure to the arts, while providing rich, cultural experiences that promote tourism, economic development, and educational opportunities for all. The council is housed in the Arts Center, a 30,000 square foot building in the heart of downtown Kinston. The center offers area residents an opportunity to develop the arts in eastern North Carolina and is dedicated to helping those in the region experience the joy, promise, and pursuit of artistic excellence. The Kinston Community Arts Center is free and open to the public on Tuesday through Friday from 10 a.m. to 6 p.m. and on Saturday from 10 a.m. to 2 p.m.

MOTHER EARTH BREWING

311 N Herritage Street

Kinston, NC 28501

Telephone: 252-208-2437

Opened in the summer of 2008, Mother Earth Brewing has served Kinston residents a cold one for nearly a decade. Founded by Trent Mooring and Stephen Hill, Mother Earth Brewing aims to offer a world-class product using a local brewing process. The pair wanted to help the city of Kinston achieve its goal of attracting new residents and businesses, believing that by offering a regional product, produced by regional people, they could help jump-start that initiative.