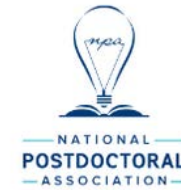


**National
Postdoc
Appreciation
Week**

2020 ECU Postdoctoral Scholar Celebration Event

During this week-long celebration, institutions are encouraged to plan activities that increase awareness of postdocs and recognize the contributions they make to research and development in the United States.



National
Postdoc
Appreciation
Week

2020

ECU Postdoctoral Scholar Celebration Event Agenda

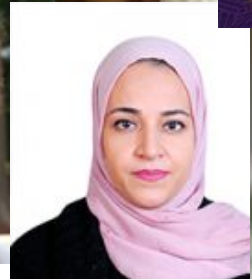
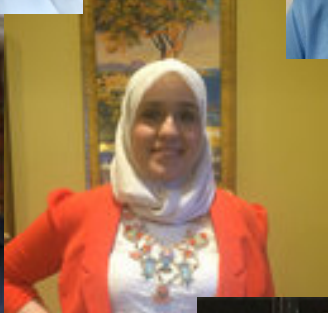
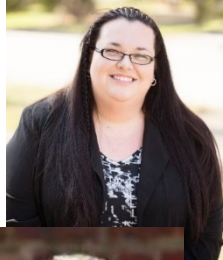
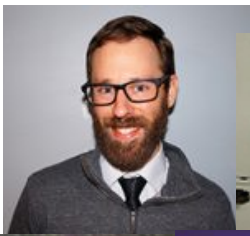
- Professional Development & Core Competencies
- ECU Postdocs: Profiles and Career Paths
- OPA and PDA Leadership
- 2019-20 Program Highlights
- Upcoming Events
- Outstanding Paper Award
- New Council Elections
- PDA Social



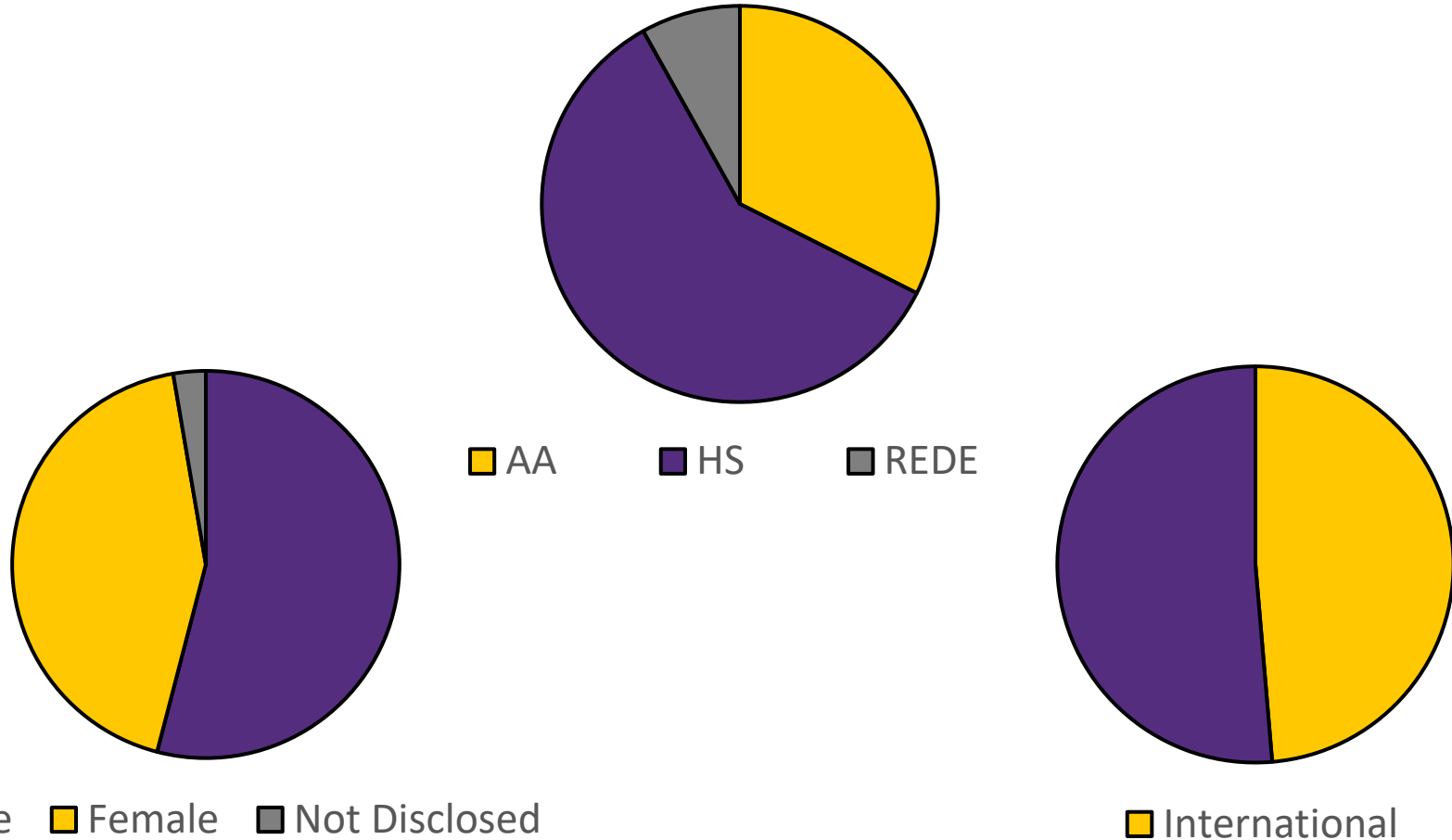
— NATIONAL —
POSTDOCTORAL
— ASSOCIATION —

The National Postdoctoral Association Core Competencies

- **Discipline-specific conceptual knowledge**
- **Research skill development**
- **Communication skills**
- **Professionalism**
- **Leadership and management skills**
- **Responsible conduct of research**



ECU Postdoctoral Scholars: Fall 2019-Fall 2020



25: Current number of ECU postdocs
13: Recruiting or contract pending

Where are they now?

(Fall 2019-2020)

Jeremy Greeter
Scientist



December 2019

Paul Hafen
Medical Scientist



September 2019

Byron Aguilar
Licensing &
Commercialization
Analyst



January 2020

Caitlin O'Connell
Assistant Professor



January 2020

Hui Xu
Research Instructor



February 2020

Samantha McDonald
Assistant Professor



June 2020

Helen Rodgers
Scientific
Communications
manager



June 2020

Michael Tarpey
Medical Scientist



June 2020

Vishwanath Prabhu
Postdoctoral Scholar



June 2020

Ahmed Elhassanny
Postdoctoral Scholar



July 2020

Eman Soliman
Postdoctoral Scholar



July 2020

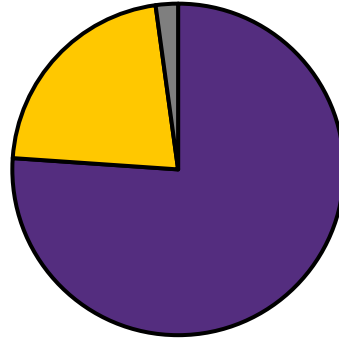
Mohamed Katary
Research Scientist



August 2020



Where do they go after ECU?

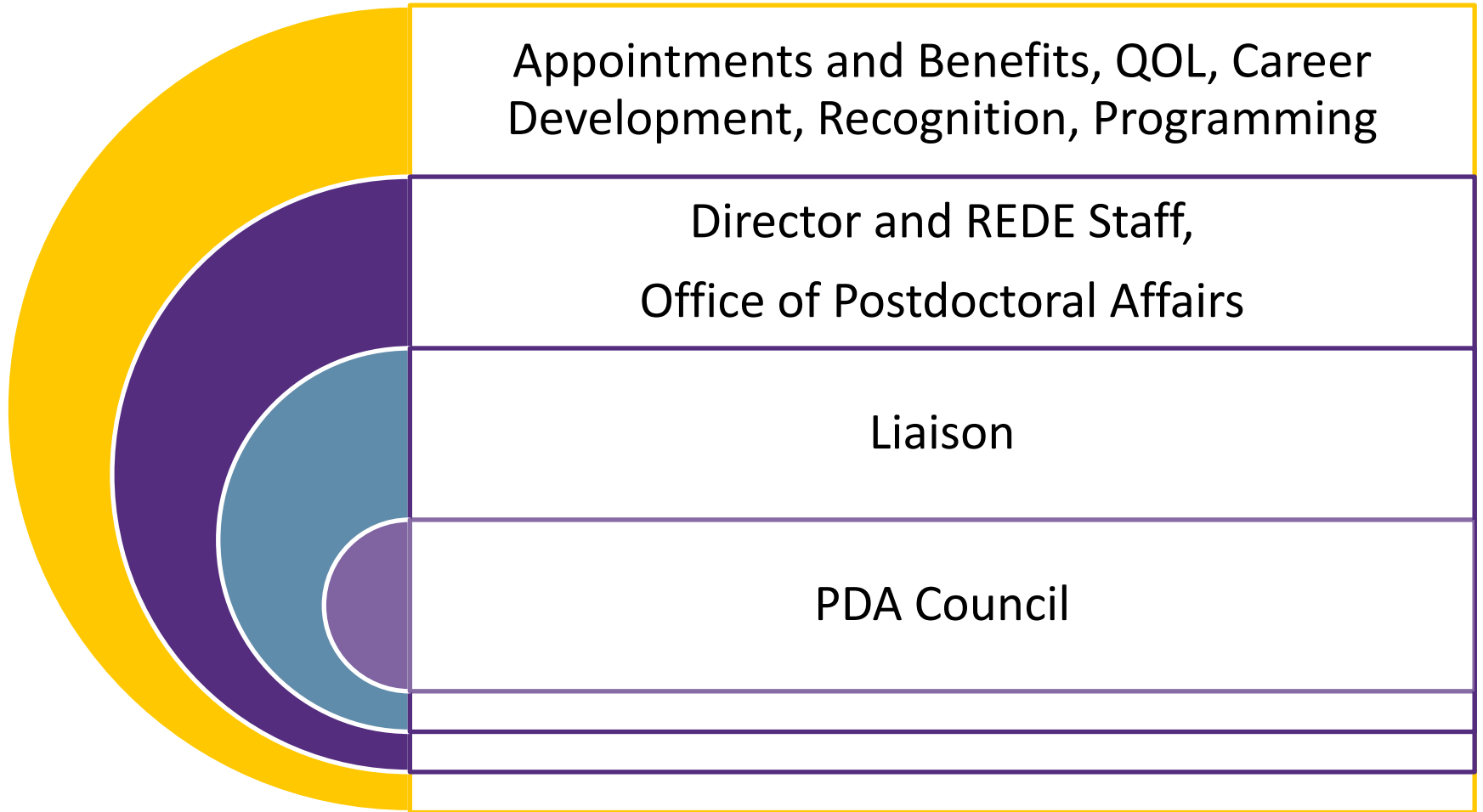


■ Academic
 ■ Industry
 ■ Government



n=47

Postdocs @ ECU





*A SPECIAL
THANK
YOU*



Jamie DeWitt, Postdoctoral Liaison

Becky Gardner, Business Officer



Heather Christman, Program Associate



Matt Smith, Public Communications Specialist

Elected 2019-20 Officers

President



Morgan Milton

Vice President



Andrea Pereyra

Secretary



Helen Rodgers

**International
Liaison**



Eman Soliman

**President
Emeritus**



John Farrow

Current 2019-20 Officers

President



Morgan Milton

Vice President



Andrea Pereyra

Secretary



Benjamin Hale

International Liaison



Berwin Singh Swami Vetha

Main Campus Liaison



Alana Rister

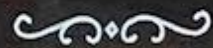
President Emeritus



John Farrow



**In Recognition
of Service**



**Morgan Milton, Ph.D.
2020**



**President,
Postdoctoral Association**





2020 Postdoc Programs

- ✓ **Individual Career Development Plans**
- ✓ Presentation and interview skills
- ✓ Internet presence and bibliography tools
- ✓ Writing skills
- ✓ Presentation skills
- ✓ Career opportunities

NPAW 2019
Philip Clifford, Ph.D.
Professor, Associate Dean for Research
University of Illinois at Chicago

Postdoctoral Scholar
MyIDP Workshop

“Passion Won’t Pay the Bills:
Planning for a Successful Career in
Science ”

Mentor Session

“Promoting Professional Development of
Your Graduate Students and
Postdoctoral Fellows”



*Sponsored by the ECU
Office of Postdoctoral Affairs and the
ECU Postdoctoral Scholar Association*

Philip Clifford @ ECU

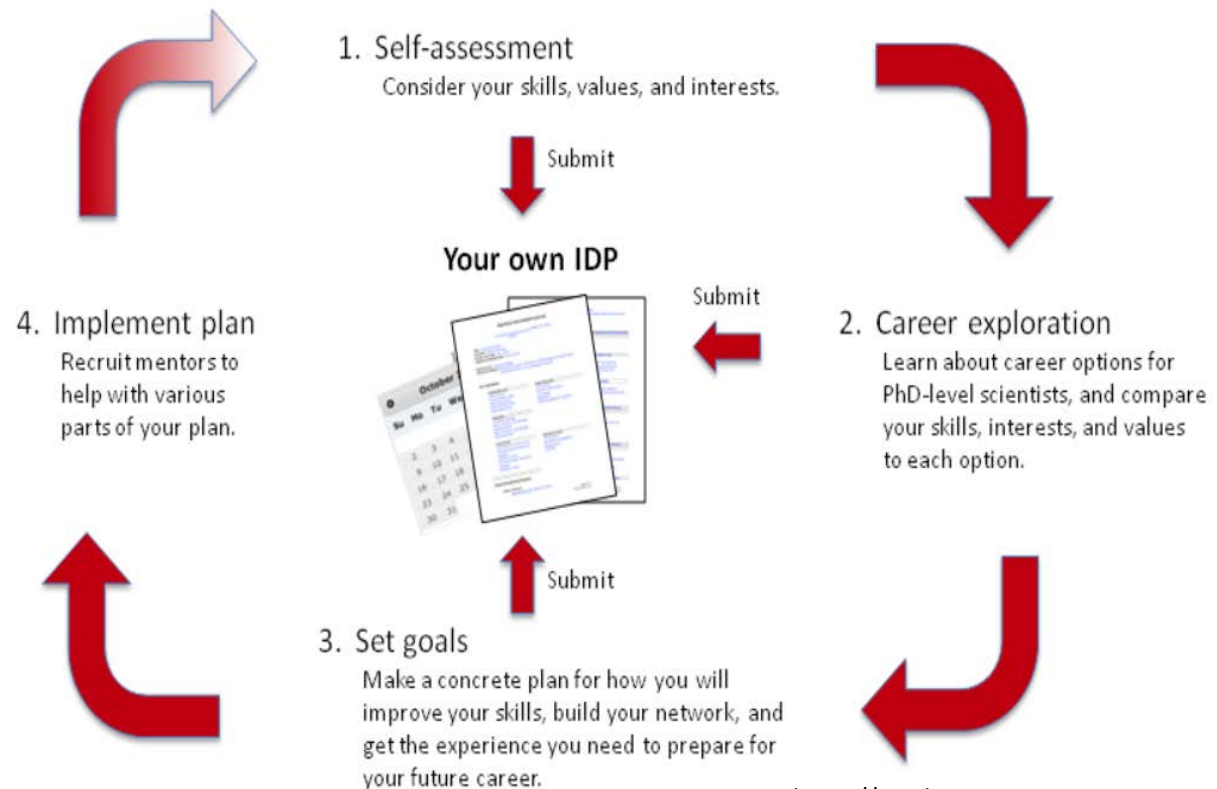




Monthly Fall Sessions

Jamie DeWitt and Morgan Milton, leaders

- Session 1: Exploring the diversity of career paths
- Session 2: Gathering information about your career path
- Session 3: Reflecting on knowledge obtained
- Session 4: Setting your career goals





Cookie Decorating Contest

PostDoc Holiday Potluck

Join the ECU PostDoctoral Association for a

Friday Dec 13, 2019

11:30am-2pm

ECHI Conference Room B

Ugly Sweater Contest





Pharmacology & Toxicology Along with Biochemistry & Molecular Biology



Kerry Sewell, MSLS

Research Librarian for the Health Sciences
Systematic Review Service Coordinator
Laupus Library, East Carolina University

“Essential Tools for Managing Your Research: MyNCBI”

(Attendees please bring your laptops)

Wednesday, December 18, 2019

Brody Room 2W-38

11:00 - 12:00 noon



Critical Friends: A Peer Review Workshop

March 4, 2020

Critical Friends

A Peer Review Workshop

with lunch from The Bread Lady



March 4th, noon-2pm
Laupus 4th floor gallery

sponsored by Laupus Library's Professional Writing Program

Faculty Writers
from the Health Sciences



Collaborate with peers to develop
specific strategies to make your writing
resonate with your readers.



Each small group is facilitated by a member
of the **University Writing Program** and
supported by a **Laupus Library Liaison**.



Dr. Morgan Milton
(Mentor: Dr. John Cavanagh)

Virtual RCAW

The **best postdoc poster presentation** at the 14th Annual Research and Creative Achievement Awards Luncheon:

“Tackling biofilms and drug resistance: Targeting bacterial response regulators to resensitize multidrug resistant bacteria to antibiotics”

Morgan received a \$200 from the OPA.

SUPER SPONGE

ECU researcher's unexpected discovery in the Caribbean Sea could save lives

Published Apr 27, 2020 by Janiya Winchester & Rob Spahr

Dr. Morgan Milton, a postdoctoral scholar in Brody's Department of Biochemistry and Molecular Biology, has been working on the research with Cavanagh for the past few years.

Cavanagh credits Milton for putting the pieces of his research together.





National Institute of Environmental Health Sciences
Your Environment. Your Health.

✓ **CAREER PLANNING FOR INTERNATIONAL SCIENTISTS**
February 10, 2020

✓ **NIEHS BIOMEDICAL CAREER SYMPOSIUM (VIRTUAL)**
July 24, 2020

- Large assembly of biomedical organizations and young scientists in Research Triangle Park, NC
- Targeting postdoctoral fellows and graduate students
- An opportunity to explore a myriad of career options and create a contact network
- 10 workshops and 9 career panels
- Afternoon networking session
- One-on-one CV/Resume Consulting

PDA Webinar Series
Inside a Faculty Search Committee
March 19, 2020

Speakers:

Nathan Vanderford, Ph.D., Assistant Professor, University of Kentucky College of Medicine

Rich Singiser, Ph.D., Associate Professor, Clayton State University

Dorothy Leric, Ph.D., Assistant Professor, Emory University

Danielle Snowflack, Ph.D., Director of Education, Professional Development and Outreach,
ASBMB



AMERICAN SOCIETY FOR BIOCHEMISTRY AND
MOLECULAR BIOLOGY

NPAW 2020

Victoria McGovern, PhD

Senior Program Officer
Burroughs Wellcome Fund



“Networking for Introverts”
Suggestions for Postdoctoral Scholars and
Graduate Students

“How to Achieve Funding Success from
Burroughs Wellcome (and beyond)”

NPAW 2020

NATIONAL POSTDOC APPRECIATION WEEK ECU EVENTS 2020

Monday Sept 21st with Dr. Victoria McGovern

11 am: Networking for Introverts: Postdocs and Graduate Students

12:30: Funding Success from the Burroughs WellcomeFund

Wednesday Sept 23rd with your fellow postdocs

Noon: Open forum for postdocs to share their thoughts and wishes considering the ECU postdoc experience

Friday Sept 25th with postdocs, mentors and ECU authorities

10 am: Annual highlights, awards, and PDA council elections followed by social hour

Make sure to check your email for individual invites to each event and RSVP!!!

SEPTEMBER 21 - 25, 2020

VIRTUAL NATIONAL POSTDOC APPRECIATION WEEK

GET SOCIAL, AT A DISTANCE

2020 NPAW

Other awesome NPAW 2020 events include:

- Health Insurance 101 for Postdocs
- Adapting Your Research For Undergrad Education
- Green Cards for Scientific Researchers
- Academic And Non-academic Career Panels
- Social Media For Scientists
- Careers in Drug Development
- Developing Leadership Skills

.....and many, many more!!!!

For the full schedule of events during NPAW and to register, please visit these links:
[calendar//events by category and day.](#)

OTHER ACCOMPLISHMENTS

NEW & IMPROVED WEBSITE

- Matt Smith, REDE
- Byron Aguilar, Andrea Pereya
- International scholar and new postdoc roadmaps

EXIT SURVEY

- Established and implemented exit survey
- Updated contact info for recent postdocs

ONE-ON-ONE VIRTUAL CHECKINS

- Dr. Verbanac met virtually with each postdoc to check on welfare post-COVID

IMPROVED COMMUNICATION METHODS

- TEAMS site
- Postdoc and Mentor Listservs

UPDATED POSTDOC HANDBOOK

ECU postdoc named to national position

Published Jul 07, 2020 by Matt Smith

ECU postdoctoral scholar Andrea Pereyra was named an international officer to the National Postdoctoral Association, becoming just the second Pirate postdoc to serve on a NPA committee.



ECU postdoc Hale receives NIH fellowship

Published Aug 20, 2020 by Matt Smith

East Carolina University postdoctoral scholar Benjamin Hale received a prestigious [Ruth L. Kirschstein Postdoctoral Individual National Research Service Award](#) from the National Institutes of Health.



UPCOMING THIS FALL:

ECU Alumni Panels: *Your Next Career Move*

- Brita Kilburg-Basnyat (Toxicologist, State of Wisconsin)
- Samantha McDonald (Assistant Professor, Illinois State University)
- Helen Rodgers (Scientific Communications Manager, AlphaBioCom)
- Amanda Rushing (Assistant Professor, Catawba College)
- Terence Ryan (Assistant Professor, University of Florida)
- Michael Tarpey (Medical Science Liaison, Astra Zeneca)

Responsible Conduct of Research Training

- Seven upcoming sessions
- October 2-23
- Office of Research Integrity and Compliance

